## MEDICAL GROUP CHILDHOOD ANTICIPATORY GUIDANCE

Note Date/MD Init On Approp. Lines	ANTICIPATORY GUIDANCE	DEVELOPMENT
1 Month Date MD init	() Auto Safety Seat () Falls - ability to roll () Safety information given	() Hearing () Follows to midline () Lifts head when prone
2 Months Date MD init	() Auto safety seat () Burns (smoke detectors & hot water temp 120 F) () Immunizations risks	() Social (responsive) smile () Vocalizes () Head raised to 45 when prone () Grasps
4 Months Date MD init	() Auto safety seat () Choking - appropriate foods & small objects out of reach () Burns - hot liquids	() Sits with head steady () Follows 180 () Orients to voices () Goos (ohh, ohh, ahh, ahh)
6 Months Date MD init	() Falls - stairs/gates, walkers, furniture () Burns - hot surfaces and hot liquids, kitchen safety () Poison - Poison Control # Ipecae, drugs/household () Safety information given	() Orients to bell () Rolls over () Sits briefly, leaning forward () Reaches for objects () Babbles (repetitive strings of consonants, i.e. babababa)
9 to 12 Months Date MD init	() Auto safety seat () Poisoning () Dental care () Drowning/water safety () Safety information given	() Works for toys out of reach () Peek-a-boo () Sits alone () Pull self up () Says mama/dada/baba (paired consonants) () Looks directly at ringing bell
15 Months Date MD init	() Falls - climbing () Burns - hot objects, matches () Street safety () Dental care, baby bottle caries	() Neat pincer grasp () Mama/dada/correct/specific () Walks alone well () Stoops and recovers () Indicates wants (without crying) () 3 word vocabulary
18 Months to 2 Years Date MD init	() Auto safety scat () Poisoning () Water safety/drowning () Dental care - brushing, fluoride care () Falls easily - watch play equipment () Auto - pedestrian () Safety information given	18 Months: () 7 - 20 words vocabulary () Walks fast 24 Months: () Uses spoon well () Helps in house () Identifies one body part () Combines 2 different words () Kicks a ball () Scribbles () Tower of 4 blocks () Throws a ball

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2 Years Date MD init	() Injury prevention () Use of toothbrush () Water safety () Car seat () Limit setting () Temper tantrum	() Runs () Uses 2 word sentences () Scribbles () Uses spoon
3 Years Date MD init	() Injury prevention () Discipline () Dental Care () Day Care/Nursery School () Toilet training () Water safety	() Follows 2 commands () Puts on cloths () Knows first name () Demonstrates ability to copy circle
4 Years Date MD init	() Injury prevention/Water () Toilet training () Nursery School/Day Care () Sex education () Water safety () Discipline () Strangers () Dental care	() Stands on one foot () Uses past tense () Dresses with supervision () Demonstrates ability to copy cross
5 Years Date MD init	() Injury prevention/Water () School readiness () Sex education () Dental care () Discipline	() Follows 3 commands () Skips () Dresses alone () Demonstrates ability to copy square
6-7 Years Date MD init	() Good health habits/diet () Maintains appropriate weight () Regular physical activity () Dental care () Bicycle safety () TV Limits () Learn to swim () Parents to establish rules () Spend time with child () Allowance	() Rides bicycle () Ties shoelaces () Counts to 10 () Prints first name () Numbers up to 10 () Knows right from left () Draws person with 6 parts, including clothing () Review school reports
8-9 Years Date MD init	() Good health habits () Appropriate weight () Regular physical activity () Limit TV & video games () Dental care () Swimming safety () Communication - Parents () Allowance - Parents () Adult Supervision - Parents () Establish fair rules - Parents	() Tells time () Reads for pleasure () Sense of humor () Self care of belongings () Knows rules () Home chores